

TURNING POINT

inspired by possibility



Our impact

2022/23 was an incredible year for our service.

In numbers:

- **695** referrals – with 430 self-referrals
- **316** people starting structured treatment
- **178** people successfully completing treatment
- **335** BBV tests completed
- **158** naloxone kits issued

We saw our position in the performance quartiles move from bottom for all four cohorts, to top and second position!



Our impact

2023/24 year to date we have continued to see a demand for the service:

- **355** referrals – with 198 self-referrals
- **95** people starting structured treatment
- **72** people successfully completed treatment
- **142** BBV tests completed!
- **154** naloxone kits issued!

We remain focussed on achieving top performance quartiles for all cohorts by the end of the year!



Turning Point – Updates

- **Dame Carol Black Review 2020/21**
- **From Harm to Hope – spending review 2022**
 - prolonged shortage of funding has depleted the workforce resulting in a loss of skills, expertise and capacity from this sector
 - caseloads have grown too high reducing the quality of treatment
 - there is a lack of specialist services, including inpatient detoxification and residential rehabilitation
 - recovery support has been underfunded, including housing and employment support, and recovery communities
 - there are high levels of physical and mental health need, without sufficient focus on drugs and alcohol within NHS and mental health services or within the workforce, and links with drug treatment are far too weak
 - more than a third of people in prison are there due to crimes relating to drug use
 - too few offenders are in treatment to make lasting change to their behaviour



Innovations and Achievements

- Reduction of **caseloads** in line with the Dame Carol Black report
- Increasing **client-facing staff** roles
- On site **fibro scanning** through nurse-led wellbeing clinics (more on that in a minute)
- Professional **training offer**, including Brief Interventions, drug & alcohol awareness and naloxone
- **Dual Diagnosis pathway** with local Neighbourhood Mental Health Team



Our innovations and achievements

- Recruitment pathway with **HMP Prescoed** (as featured in DDN recently)
- Three films shortlisted for the **Recovery Street Film Festival** in 2022
- Expansion of staffing areas within Hereford hub and **setting up new hubs** across the county
- Introduction of **NSPdirect**
- Hospital Liaison Pathway
- Dedicated **Veteran's** and Armed Forces pathway



Our innovations and achievements

- Welcoming **Lance** to the team to enhance our **outreach** offer



Service overview

- Referral and assessment process
- Opiate, Alcohol and Non-Opiate, Outreach, Young Person (17 and under), Young Adult (18-25), Veterans, Rough Sleepers and Family and Carers teams of recovery workers.
- Psycho-social team providing workshops: Managing Alcohol Programme (MAP), Alcohol Resolution Clinic (ARC), Reclaim (Non opiate), Recovery Skills (RSP)
- Clinical team - prescribing and Health & Wellbeing
- Peer mentors and volunteers
- Structured treatment pathways appropriate to presentation
- Tier 2 interventions such as Needle Exchange and Alcohol/Drug Harm Reduction
- Aftercare – mindfulness/SMART/Music/Art

Turning Point – Service provision

- Who is in treatment – 11-25 year olds

U18	Opiates	2
	Non Opiates	23
	Alcohol	1
	Alcohol & Non Opiates	8
	No Drug Group	1
	Total	35
18-25(*N.B also included in adult count)	Opiates	9
	Non Opiates	59
	Alcohol	23
	Alcohol & Non Opiates	46
	No Drug Group	0
	Total	137



Turning Point – Service provision

- Who is in treatment – Adults 18+

Opiate		384
Non Opiate		88
Alcohol		342
Alcohol Non Opiate		124



In practice

Readiness for change

Maintaining change



Education

Motivational
interviewing

Acceptance
commitment
therapy

CBT based
relapse
prevention

Mindfulness



Treatment Pathways

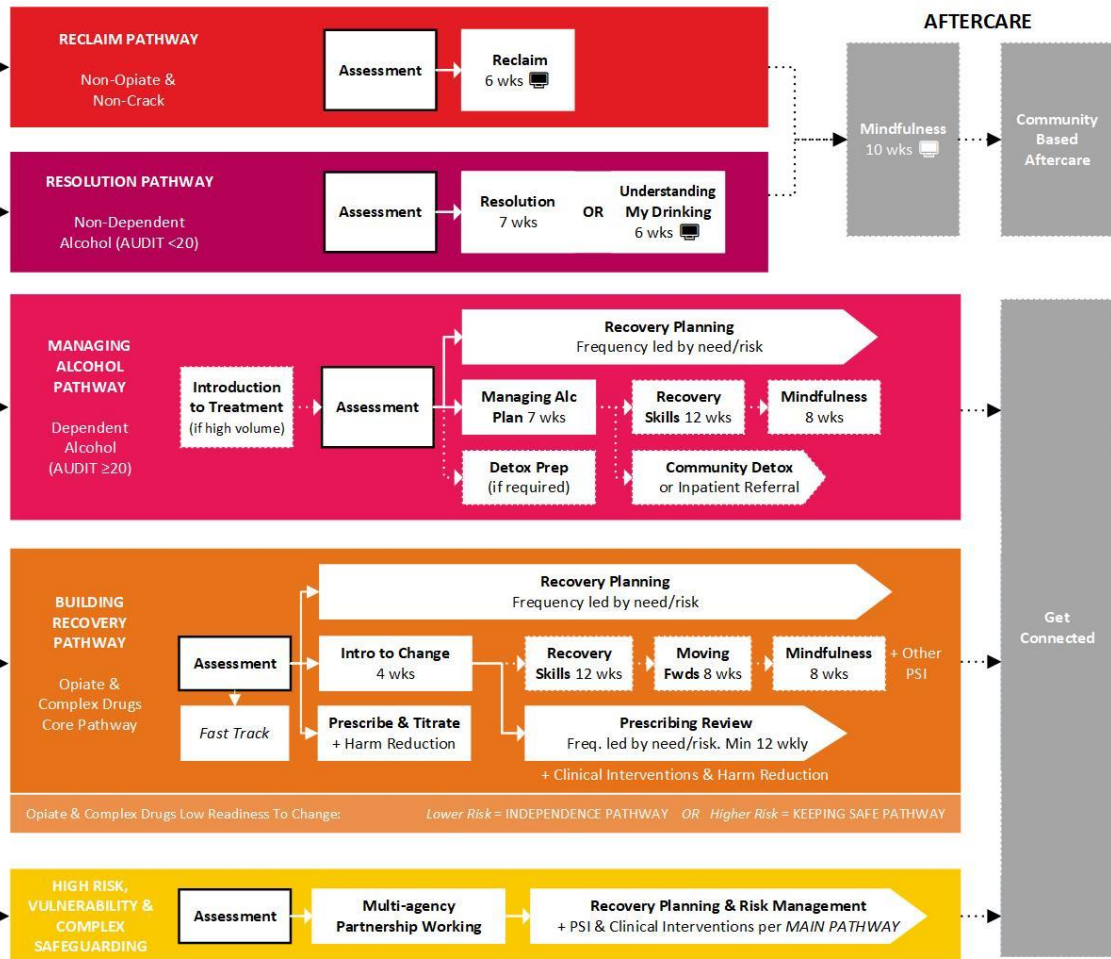


REFERRAL

Self-referral
or Professional

Telephone

Online



Recovery Support Throughout
Mutual Aid / Peer Mentors / Practical Support

How to make referrals

Herefordshire Recovery Service

Beaumont House

1 Offa Street

Hereford

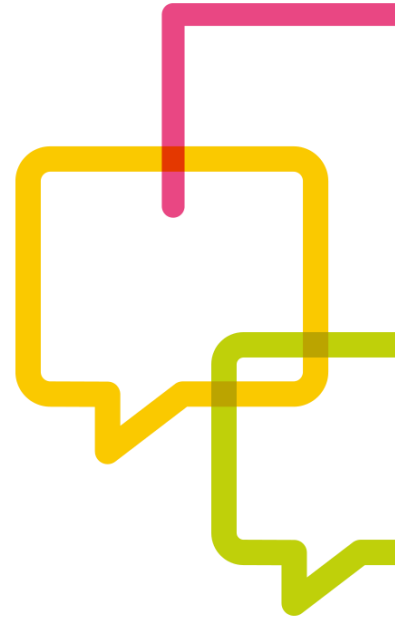
HR1 2LH

Tel: 0300 555 0747

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