A day in the life of…………………………. Date ………………………………….

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|  | Waking Up  |
|  | Breakfast |
|  | Dressing |
|  | Getting to school  |
|  | At school…. |
|  | After school  |
|  | Evenings |
|  | Bath time / Bedtime  |
|  | School Holidays/Weekends |
|  | Relationships  |
|  | Independence  |
|  | Medical/Health  |