Safety Scaling explained on a page

Description

Safety scaling is used to make a judgement about the impact of a situation on a child/young person. The scale goes from 0-10. It helps everyone understand each person's viewpoint. It provides a simple measurement process that can keep assessing the situation and gauge progress.

Structure/Process

1. When scaling, make sure that you define what 0 and 10 mean, and always present 10 (what we are working towards) first.

2. 0 should be based on the worry/danger statement, and 10 on the wellbeing/safety/success goal.
3. Everyone says where they are on the scale and why.
4. Everyone says what needs to happen to move up the scale, even just one point.
5. Questions about where people have scaled can be used to recognise the good things that are happening ('what makes it a 3 and not a 0').

Tips

- There is no right or wrong answer, but you will need to say why you have chosen the number.
- People will differ and it is not important that everyone agrees, but it is important that everyone understands why people's views differ.