

Example of Timeline and Trajectory Plan

Preparations	Present and gain agreement on trajectory and timeline from all key professionals including managers. Present to foster carer/s.	Meetings with key professionals to arrive at agreement to proceed. Meeting/s with foster carers.	Current Contact Arrangements: 1/week 1.5 hours professional supervision.	Current contact arrangements: 1/biweekly 1.5 hours professional supervision.
Week one	Meet with and discuss trajectory and timeline with Ruth and Mark separately, explain whole process. Get agreement. Ask Mark and Ruth to tell children it is OK to do the Three Houses work. Finalise danger statements/safety goals/scales and update mapping. Explore support people. Introduce Family Safety Journal and get parents to use every time they see the girls.	Two meetings: M1 to discuss trajectory and timelines. M2 to consider DS/SG/scaling and network.	Once agreement reached, immediately increase Ruth's contact to 2 X per week. Everyone to use safety journal of what went well, take photos. Ruth takes responsibility for the journal and completion.	Once agreement reached, immediately increase Mark's contact to 2.5 hours her visit. Everyone to use safety journal of what went well, take photos. Mark takes responsibility for the journal and completion.
Week one/two	Explain timeline and reunification steps to Lucy and Nancy and that both parents have agreed. Do My Three Houses work with Lucy and Nancy. Meet with Lucy and Nancy, Mark and Ruth to present the draft Words and Pictures.	Meet with Lucy, Nancy. Meet with Mark and Ruth.	As above.	As above.

DATE	TASKS	MEETINGS/ MONITORING	CONTACT CHANGE MARK	CONTACT CHANGE RUTH
Week two to five	<p>The major work of this four weeks is:</p> <ol style="list-style-type: none"> 1) Preparing the Words & Pictures explanation. 2) Building the safety network. 3) Begin safety planning work with Ruth and the network to create some simple safety rules for first overnight. 4) Check in with the network and children weekly. 	Weekly review and planning meetings with Ruth and her support people and Mark and his, together if possible.	<p>Once Ruth has brought all her network in, increase to weekly 2 hours/visit.</p> <p>Involve the children and Ruth in planning and making visits fun.</p>	<p>Once Mark has brought all her network in, increase to 2 hours/fortnight.</p> <p>Involve the children and Mark in planning and making visits fun.</p>
Week six	Present the Words and Pictures explanation to the children and network. Everyone (including foster carers) gets a copy.	Present Words & Pictures.	Increase Ruth's contact with the girls and switch to network supervision.	Increase Mark's contact with the girl's to 2 hours each weekend and switch to network supervision.

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Week Seven through Eleven	<ol style="list-style-type: none"> 1. Safety Planning work to deepen the detail of the plans for Mark and Ruth always building from successes, and the everyday details of good care. 2. Checking in with network people and children weekly 3. Involve children in choosing safety objects, safety people and tests (First phone test week 8 on weekend with Ruth, week 9 with Mark) 4. Week 11: Adults turn all the rules into a Words and Pictures safety plan that Nancy and Lucy can understand and that can be put up somewhere in the family home (say on the fridge). Separate plan for Marks contact. 5. Plan for permanent ongoing contact for Mark and girls, 	<p>Weekly safety planning and review meetings. At start of ALL subsequent meetings, ALWAYS start with parent or support person reading DS and SG, then review of safety journal focusing on good times and time when dealt well with challenges . Do safety scaling AT EVERY MEETING with everyone and track and discuss movement in the ratings.</p>	<p>Increase family time between Mark and girls together suggest something like: Weeks 7 and 8: 3x/week including one over-night (ON) stay and all day one weekend day. Have two hours on own on weekends. Weeks 9, 10, 11: 3x/week two ON stays and whole weekend together. Support people stay each night and present most times, family to have 2 four hours on own during day on weekends.</p>	<p>Increase Mark's time 3 hours/ weekend with girls, support person present at beginning and end – week 9.</p>
Week 12	<p>Child-centred Words and Pictures and Safety Plan presented to children. Foster homes farewell events. Family Reunited</p>	<p>Farewell event with Mark and Ruth present at foster homes. Child-centred Words and Pictures version presented to Nancy and Lucy with everyone possible present.</p>	<p>Safety network person/people visiting the home and helping two times morning and evening during week 12.</p>	<p>Start final contact arrangement amount for Mark and girls continue network supervision on alternative visits.</p>

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Weeks 13 through 23	Demonstration and Monitoring 1. Three review meetings 2. Sandra hands over all checking in with the children to safety network 3. Establish ongoing rota for home visits by network and checking in with children	1 Three review meetings suggest weeks 14, 17 and 22, building always from what's going well as above.	Weeks 13 to 16 Safety network people visit and help at Ruth's 2x/ day including end of day (most difficult time of day). Weeks 17 to 20 Safety network people present 1x/day particularly focusing on most difficult time of day. Weeks 21 to 23 Safety network people present at least 3 to 4x/ week including end of day (most difficult time of day).	Continue final contact arrangement amount for Mark and girls have network person present at least one in four visits.
Week 24	Close case.	Celebratory Meeting – Music and Dancing!		.